



July 18, 2023

Regarding Food Service Compliance- Capital High School is in compliance with Ohio Revised Code 3313.814 pertaining to Types of Food & Beverage sold on school premises. The school does not sell any type of food or beverages to the students. The school is compliant with all USDA and ODE nutrition standards and guidelines set forth for all students.

Regarding the physical fitness activity at Capital High School, there are teacher directed lessons that allowed students to complete exercises to help them become physically fit. The teacher of record for PE took the lead role in making sure that students completed the physical education goals. Several of the students would occasionally walk around the building a couple of times to wake up and get their blood flowing.

All in all, the school wellness policy that focuses on the nutritional and physical activity at the school is a growing entity. The School is determined to make sure students are aware of and are practicing great habits that lead to nutritional and physical benefits. The committee will continue to meet on a regular basis to ensure that we are operating within the school Wellness Policy.

David Walker
School Administrator
Capital High School

This institution is an equal opportunity provider.