

# CASCADE

## CAREER PREP HIGH SCHOOL

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1458 Brittain Road, Akron, Ohio 44310 (330)633-5990

### Breakfast Notification

Help start the school day with a well-balanced nutritious meal. This school year, Cascade Career Prep High School is offering breakfast to all students. The breakfast will include healthy options such as whole grain cereals, muffins, bagels, etc., fruits, juice, yogurt and milk. The students will be offered breakfast in the cafeteria each morning at 8:00 AM until 9:00 AM. This breakfast is at no cost to all students.

Eating breakfast helps with concentration, provides energy to last throughout the day, and helps enforce healthier eating habits.

Healthy Bodies Fuel Healthy Minds!

Meals provided by the Food Service Department of Career Prep High School- Central Support.

This institution is an equal opportunity provider.

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